

Affiliated to Essex County ASA & the ASA East Region

COLCHESTER

SWIMMING CLUB



AUTUMN SPRINT OPEN MEET

This licensed meet shall be subject to ASA Laws and Regulations and ASA Technical Rules of Racing and to these criteria.)

Sunday 26th November 2017

Colchester Leisure World,
Level 3 Licence – 3ER171866

Programme of Events

**Session 1 - Sunday 26th November 2017- warm up 07:30 Start
08:30**

Event 1 Boys 50m Freestyle

Event 2 Girls 50m Freestyle

Event 3 Boys 100m Backstroke

Event 4 Girls 100m Backstroke

**Session 2 - Sunday 26th November 2017- warm up 10:00 Start
11:00**

Event 5 Boys 100m Butterfly

Event 6 Girls 100m Butterfly

Event 7 Boys 50m Breaststroke

Event 8 Girls 50m Breaststroke

Event 9 Boys 100m Freestyle

Event 10 Girls 100m Freestyle

**Session 3 - Sunday 26th November 2017- warm up 14:00 Start
15:00**

Event 11 Boys 50m Butterfly

Event 12 Girls 50m Butterfly

Event 13 Boys 100m Breaststroke

Event 14 Girls 100m Breaststroke

Event 15 Boys 50m Backstroke

Event 16 Girls 50m Backstroke

Finish 17:45