

Affiliated to Essex County ASA & the ASA East Region

# COLCHESTER

## SWIMMING CLUB



### Colchester Swimming Club Olympic Challenge

#### Entry Form - Boys

Events	Date swam and Meet ( DQ's are not acceptable)	Coaches signature
<a href="#"><u>50 m freestyle</u></a>		
<a href="#"><u>100 m freestyle</u></a>		
<a href="#"><u>200 m freestyle</u></a>		
<a href="#"><u>400 m freestyle</u></a>		
<a href="#"><u>1500 m freestyle</u></a>		
<a href="#"><u>100 m backstroke</u></a>		
<a href="#"><u>200m backstroke</u></a>		
<a href="#"><u>200 m individual medley</u></a>		
<a href="#"><u>400 m individual medley</u></a>		
<a href="#"><u>100 m breaststroke</u></a>		
<a href="#"><u>200 m breaststroke</u></a>		
<a href="#"><u>100 m butterfly</u></a>		
<a href="#"><u>200 m butterfly</u></a>		

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### Colchester Swimming Club Olympic Challenge

#### Entry Form - Girls

Events	Date swam and Meet (DQ's are not acceptable)	Coaches signature
<u>50 m freestyle</u>		
<u>100 m freestyle</u>		
<u>200 m freestyle</u>		
<u>400 m freestyle</u>		
<u>800 m freestyle</u>		
<u>100 m backstroke</u>		
<u>200 m backstroke</u>		
<u>200 m individual medley</u>		
<u>400 m individual medley</u>		
<u>200 m breaststroke</u>		
<u>100 m breaststroke</u>		
<u>100 m butterfly</u>		
<u>200 m butterfly</u>		