

Affiliated to Essex County ASA & the ASA East Region

COLCHESTER

SWIMMING CLUB



Swim England East Region 2019 Long Course Championships

(Under ASA Laws and ASA Technical Rules)

Name (as registered with the ASA):

ASA Reg. No: Date of Birth:/...../.....

Address:

Town: Post Code:

Email:

Telephone No:

EVENT	PLEASE TICK TO ENTER	COST	TIMES
50m FREESTYLE		£7.00	NO TIMES NEEDED AS ONLY SWIMMER TIMES AS NOTED ON RANKINGS SHALL BE ACCEPTED
100m FREESTYLE		£7.00	
200m FREESTYLE		£7.00	
400m FREESTYLE		£7.00	
800m FREESTYLE (Women)		£7.00	
1500m FREESTYLE (Men)		£7.00	
50m BREASTSTROKE		£7.00	
100m BREASTSTROKE		£7.00	
200m BREASTSTROKE		£7.00	
50m BUTTERFLY		£7.00	
100m BUTTERFLY		£7.00	
200m BUTTERFLY		£7.00	
50m BACKSTROKE		£7.00	
100m BACKSTROKE		£7.00	
200m BACKSTROKE		£7.00	
200m IM		£7.00	
400m IM		£7.00	

Total Number of Races: _____ x £7.00 (per race) = £ _____

Club Admin Fee: £ **3.00**

TOTAL: £ _____

Please make Cheque payment to: Colchester Swimming Club

For any queries please contact: regionals@colchesterswimming.com

For the attention of: Ismael van der Schyff